

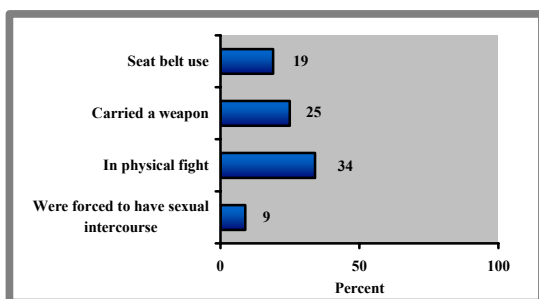
# HOWARD COUNTY

## 2008 County Youth Health Survey Results

### Summary

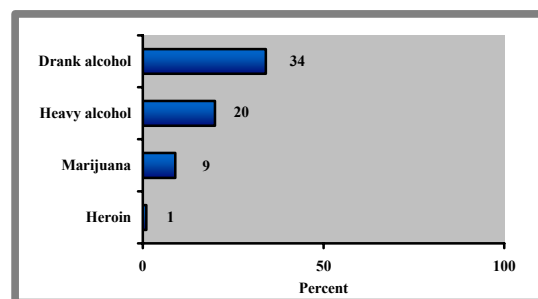
#### Unintentional Injuries and Violence

- 🍏 19% never or rarely wore a seat belt
- 🍏 25% carried a weapon during the past month
- 🍏 34% were in a physical fight in the past year
- 🍏 9% were forced to have sexual intercourse



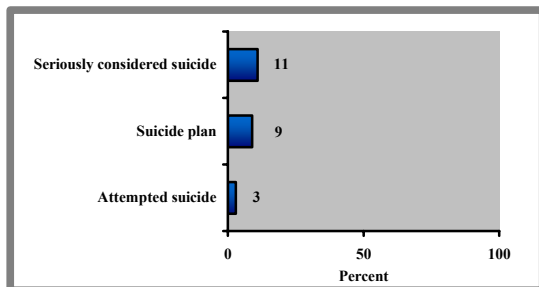
#### Alcohol and Illegal Drug Use

- 🍏 34% drank alcohol in past month
- 🍏 20% were heavy alcohol users in past month
- 🍏 9% used marijuana in past month
- 🍏 1% have tried heroin



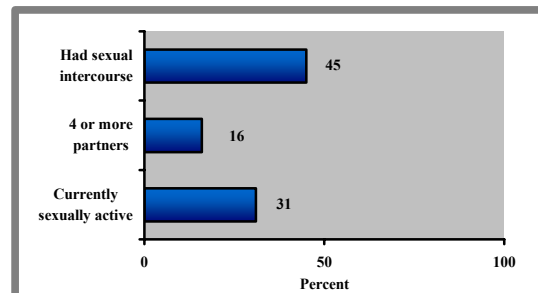
#### Depression and Suicide

- 🍏 11% seriously considered attempting suicide in past year
- 🍏 9% made a suicide plan in the past year
- 🍏 3% attempted suicide in the past year



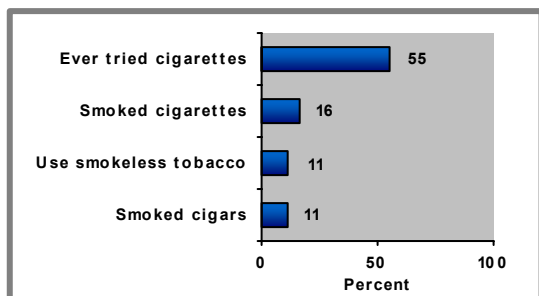
#### Sexual Behaviors

- 🍏 45% have had sexual intercourse
- 🍏 16% have had  $\geq 4$  sexual partners
- 🍏 31% are currently sexually active



#### Tobacco Use

- 🍏 55% ever tried cigarette smoking
- 🍏 16% smoked cigarettes in the past month
- 🍏 11% used smokeless tobacco in past month
- 🍏 11% smoked cigars in past month



#### Weight and Diet

- 🍏 28% were overweight
- 🍏 45% were trying to lose weight
- 🍏 40% ate fruit in the past 7 days
- 🍏 19% ate green salad in the past 7 days

